

proteus wetsuit donning instructions

Before donning the suit ensure nails are trimmed and jewellery is removed to avoid tearing of seals.

Step in through the back entry zip, ensure the hydrolock back-up and neckseal are to the back.



Once your toes appear through the end of the ankle seal roll the seal back over your foot until the seal is completely inside-out.



Carefully put all your fingers inside the rolled ankle seal and ease over the ankle. Leave rolled and repeat for opposite side.



Pull the legs right up getting the suit to your waist. You can now either roll the ankle seal down or do this last once entirely in the suit.



Ensure the legs are comfortable and untwisted whilst the suit is at your waist.



Now pull the suit up evenly as far as you can before you put your arms in. Ideally the suit should be right up to your armpits.



One arm at a time! Put your first arm into the suit.



And now the opposite arm taking your time to roll out any wrinkles in the sleeves.



Grab the hydrolock back-up and neckseal and pull up, ask your buddy if necessary.



Pull the hydrolock neckseal down over your head and adjust until comfortable. Remember the seal will ease slightly with use and in the water!



Tuck in the bib part at the front ensuring it is nice and flat before you zip up!



Zip up the suit and adjust the outer collar adjuster / neck seal for comfort and extra seal.



**THIS SUIT IS DESIGNED FOR A GREAT DIVE...
NOT A QUICK SALE!**

REMEMBER THE BENEFITS OF THIS SUIT WILL BE FELT IN THE WATER NOT IN A CHANGING ROOM